

Pilatique 2010 Certification Courses & Workshops – July '10

COURSES

Level 1	Hours	Intake	Time
Intensive Mat-Plus (IMP)	40 hours	⇒ August 5 – 8 & 12 – 15 ⇒ November 11 – 14 & 18 – 21	Thursday to Friday 2:30pm to 8:00pm Saturday 11:30am to 5:00pm Sunday 9:00am to 2:30pm
Intensive Reformer (IR)	50 hours	August 25 – 29 & September 1 – 5	Wednesday to Friday 2:30pm to 8:00pm Saturday 11:30am to 5:00pm Sunday 9:00am to 2:30pm
Intensive Cadillac, Chair & Barrel (ICCB)	50 hours	September 27 – October 1 & October 4 – 8	Monday to Friday 2:30pm to 8:00pm
Level 2			
Advance Matwork (AM)	6 hours	August 15	Sunday 3:00pm to 9:00pm
Advance Reformer (AR)	18 hours	To Be Announced	
Advance Cadillac, Chair & Barrel (ACCB)	12 hours	To Be Announced	
Injury & Special Populations (ISP)	24 hours	To Be Announced	

WORKSHOPS

Anatomy Review	3 hours	⇒ August 16 ⇒ November 8	Monday 6:00pm to 9:00pm
Postural Analysis Review	3 hours	⇒ August 17 ⇒ November 9	Tuesday 6:00pm to 9:00pm

Course Fees as of March 15, 2010

Intensive Mat-Plus (IMP) + Materials + 1 Exam Attempt*	= RM 5,000
Intensive Reformer (IR) + Materials + 1 Exam Attempt*	= RM 7,000
Intensive Cadillac, Chair & Barrel (ICCB) + Materials + 1 Exam Attempt*	= RM 9,000
Advance Mat (AM) + Materials + 1 Exam Attempt*	= RM 2,000
Advance Reformer (AR) + Materials + 1 Exam Attempt*	= RM 4,000
Advance Cadillac, Chair & Barrel (ACCB) + Materials + 1 Exam Attempt*	= RM 3,000
Injury & Special Population (ISP) + Materials	= RM 6,000
Combine any 2 course	5% DISCOUNT
Combine more than 2 courses	10% DISCOUNT
Workshop (Mat based) Workshop (Equipment based)	= RM 75 each hour = RM 100 each hour When you signed up 2 or more workshops, 10% DISCOUNT
Anatomy Review / Postural Analysis Review Workshop	= RM 250 each (Both RM 450)

- Please email to steven@pilatique.com to confirm course or workshop dates
- Exam is to be taken within 6 months after last day of training
- As a pre-requisite for IMP & IR, students are required to attend Anatomy Review and Postural Analysis Review Workshops. If one has undergone other Anatomy and Postural Analysis related courses or workshops, they may appeal for exemption with a letter of completion or certificate
- Applications must be accompanied by a NON-REFUNDABLE deposit of 30% of the course fee and full payment of Anatomy Review + Postural Analysis Review workshop fees are required
- Maximum of 12 participants in the training except ISP
- Students must attend all classes. If a student misses less than five (5) hours of a course, they need to make up half the time in private review at their cost (2:1 ratio of hours missed to hours made up). If a student misses more than five (5) hours, they must make up the same amount of hours missed (1:1 ratio). The make up hour is at RM250 per hour
- Other terms and conditions apply

Payment Details

Bank:

HSBC Bank Malaysia Berhad
Level 1 Annexe, Menara Milenium,
Jalan Damanlela,
Pusat Bandar Damansara,
Damansara Heights
50490 Kuala Lumpur
Tel: 1 300 88 0181 or +603 2050 7676
Fax: +603 2093 2321

SWIFT CODE:

HBMBMYKL

ACCOUNT NAME:

BALANCED WORKOUT SDN. BHD.

ACCOUNT NUMBER:

359-210168-101

- Please fax transaction copy to +603 2092 5055 or email steven@pilatique.com for confirmation
- Payment for courses made through credit card will incur a 2.5% Finance Charge



Balanced Workout Sdn. Bhd. (702362-V)

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